



SEPTEMBER 2024

Schalmont High School

Assorted NYS Milk
Fresh & Canned Fruit Cup Served Daily
Menu Subject to Change
The institution is an equal opportunity provider

٨	Monday	Tuesday	Wednesday	Thursday	Friday
It's as	ent Information s EASY as 1,2,3 inqconnect.com	3	4	WELCOME BACK! Chicken Tenders BBQ Dipping Sauce Whole Grain Cheez- its Oven Fries Fresh Carrots w/LF Ranch Dip	Big Daddy's Pizza Tossed Salad w/ LF Italian Dressing Tomato Wedges w/LF Ranch Dip
BBQ Whole Ch	icken Nuggets Dipping Sauce Grain Dinner Roll neesy Broccoli rrots w/LF Ranch Dip	Taco Salad Chips & Lettuce, Salsa, Sour Cream & Cheese Cup Roasted Mex. Corn Fresh Celery w/ LF Ranch Dip	Stuffed Cheese Pizza Tossed Salad w/ LF Italian Dressing Tomato Wedges w/LF Ranch Dip	Meatball Sub on Whole Grain Roll w/ Marinara Sauce & Cheese Cup Seasoned Green Beans Fresh Peppers w/LF Ranch Dip	Bosco Sticks Marinara Dipping Sauce Cinnamon Glaze Carrots Fresh Veggies w/LF Ranch Dip
BBQ Whol Seaso	pcorn Chicken Dipping Sauce Grain Cheez-its ned Green Beans rrots w/LF Ranch Dip	French Toast Sticks Sausage Patty Syrup Cup Tatar Tots Fresh Fresh Celery w/LF Ranch Dip	French Bread Pizza Tossed Salad w/ LF Italian Dressing Tomato Wedges w/LF Ranch Dip	Cheeseburger or Burger on Whole Grain Roll Steamed Carrots Fresh Cukes Coins w/LF Ranch Dip	Chicken & Cheese Quesadilla Salsa, Sour Cream Mex Corn Fresh Veggies w/LF Ranch Dip
BBQ Whole M	icken Tenders Dipping Sauce Grain Dinner Roll Dixed Veggies Frots w/LF Ranch Dip	Hot Dog on Whole Grain Roll Oven Fries Fresh Celery w/LF Ranch Dip	Homemade Pepperoni or Cheese Pizza Tossed Salad w/ LF Italian Dressing Tomato Wedges w/LF Ranch Dip	WG Chicken Patty or Grilled Chicken Patty on Whole Grain Roll Lettuce & Slice Tomato Green Beans Fresh Cuke's w/LF Ranch Dip	Mozzarella Sticks Marinara Dipping Sauce Seasoned Broccoli Fresh Veggies w/LF Ranch Dip
BBQ Whole Gr	icken Nuggets Dipping Sauce rain Garlic Bread Stick Smile Fries rrots w/LF Ranch Dip			**	2+2 ÷