

Monday

3
 Popcorn Chicken
 BBQ Dipping Sauce
 Whole Grain Cheez it's Crackers
 Green Beans
 Fresh Carrots w/LF Ranch Dip

10
 Chicken Tenders
 BBQ Dipping Sauce
 Whole Grain Garlic Breadstick
 Cinnamon Maple Carrots
 Fresh Carrots w/LF Ranch Dip

17
 Chicken Nuggets
 BBQ Dipping Sauce
 Whole Grain Goldfish Crackers
 Broccoli
 Fresh Celery w/LF Ranch Dip
St. Patrick's Day

24
 Popcorn Chicken
 BBQ Dipping Sauce
 Whole Grain Cheez it's Crackers
 Mixed Veggies
 Fresh Carrots w/LF Ranch Dip

31
 Chicken Tenders
 BBQ Dipping Sauce
 Whole Grain Pretzel Bites
 Green Beans
 Fresh Carrots w/LF Ranch Dip

Tuesday

4
 BBQ Pull Pork
 on Whole Grain Roll
 Fresh Cole Slaw
 Baked Beans
 Fresh Peppers w/LF Ranch Dip

11
 Chicken & Cheese Quesadilla
 Sour Cream & Salsa Cup
 Mex. Corn
 Fresh Peppers w/LF Ranch Dip

18
 Grilled Chicken Sandwich
 Whole Grain Roll
 Lettuce & Slice Tomato
 Crispy Tater Tots
 Fresh Carrots w/LF Ranch Dip

25
 BBQ Cheese Burger
 on Whole Grain Roll
 Whole Grain Onion Rings
 Fresh Celery w/LF Ranch Dip

Wednesday

5
 Personal Cheese Pizza
 or
 Gluten Free Pizza
 Tossed Salad w/ LF Italian Dressing
 Tomato Wedges w/LF Ranch Dip

12
 Stuffed Crust Pizza
 or Gluten Free Pizza
 Tossed Salad w/ LF Italian Dressing
 Tomato Wedges w/LF Ranch Dip

19
No School
Staff Development Day

26
 Homemade Cheese Pizza
 Homemade Pepperoni Pizza
 or Gluten Free Pizza
 Tossed Salad w/ LF Italian Dressing
 Tomato Wedges w/LF Ranch Dip

Thursday

6
 Meat Ball Sub
 Topped w/Cheese
 Steamed Carrots
 Fresh Celery w/LF Ranch Dip

13
 Hot Dog
 on Whole Grain Roll
 or Chicken Corn Dog
 Spicy Spiral Fries
 Fresh Celery w/LF Ranch Dip

20
 NEW! Cheese Bagel Pizza
 or Gluten Free Pizza
 Tossed Salad w/ LF Italian
 Dressing Tomato Wedges w/LF
 Ranch Dip

27
 Asst. Walking Taco
 Topped w/ Fresh Lettuce,
 Sour Cream
 Salsa Cup
 Cheddar Cheese
 Fresh Peppers w/LF Ranch Dip

Friday

7
 Fish on Bun
 Waffle Fries
 Tartar Sauce Cup
 Mixed Veggies w/LF Ranch Dip

14
 Grilled Cheese Sandwich
 Tomato Soup
 Mixed Veggies w/LF Ranch Dip

21
 Mac & Cheese
 Seasoned Mixed Veggies
 Whole Grain Bread Stick
 Fresh Veggies w/LF Ranch Dip

28
 Baked Potato Bar
 Topped w/ Cheese Sauce
 Steamed Broccoli
 Sour Cream Cup
 Whole Grain Garlic Bread Stick
 Mixed Veggies w/LF Ranch Dip



Available Daily - Sabre Warp Bar, Cheeseburger & Rich Chicks Chicken Patty on Whole Grain Roll, Asst. Big Daddy's Cheese Pizza & Bagels w/ Cream Cheese Grab 'n Go Bags w/ Uncrustable w/Cheez-Its and/or Whole Grain Dinner Roll & String Cheese Stick, Chef w/LF Dressing & Whole Grain Roll & Homemade Croutons or GF Tossed Salad, GF Wrap

Free Breakfast & Lunch to all Students Daily!